

GEAR LIST ~THE JOURNEY

(remember to name your gear)

- **Home Baking x 2** for shared snacks
- Hiking pack (this is necessary as we will be hiking into campsites with no vehicle access)
- Warm sleeping bag
- 2 x polar fleece or wool jerseys
- Warm clothing for around campsites
- Old clothes that you are happy to get wet and muddy
- Thermal underwear (top and bottom)
- Warm beanie
- Woollen socks
- Hiking boots
- Running shoes
- Casual footwear for around the campsite
- Rain jacket
- Swimming togs
- Towel
- Hat & sunblock
- Insect repellent
- Toiletries
- Small day pack
- Headlamp & spare batteries
- Bible & Pen
- Devotional book
- Plastic bag for wet clothes
- Water bottle (at least 1L)
- Camera (optional)
- Musical Instrument (if you can play)
- Plate, Cup & eating utensils.
- Mountain bike (in good condition) (please let us know if you have one you are able to bring)
- Bike helmet

Let us know if there is anything on this list that you do not have

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